

Prayer Rule Form

Personal Prayer Rule, Scripture Reading, Confession, Fasting and Alms Giving and Service

Personal Prayer Rule

“But as regards prayer, it is certainly our bounden duty to use it every day, morning and evening, before and after both dinner and supper, as far as possible, at the beginning and ending of every work” (Q&A #551 The Longer Catechism of the Orthodox Church – by Metropolitan Philaret, 1830).

A prayer rule is the outline of our daily prayer routine. It is important to have a thought out rule. The small red Service Book sold in the St Andrew Bookstore has daily prayers, as well as other prayer books available in the bookstore or elsewhere. There are also fine resources for developing one’s Prayer Rule online. One link is: <http://www.orthodoxprayer.org>.

Name: _____

Answer the questions below regarding your Personal Prayer Rule:

When will you privately pray during each day?
What will you pray?
Where will you pray?
When will you pray as a family?
What will you pray as a family?
What non-obligatory services will you attend at Church?

Name: _____

Scripture Reading

We should read scripture daily. There are Orthodox online scripture readings available, including links on the St Andrew website. There are Orthodox daily scripture reading apps available for smart phones, and there is a “Read the Bible in a Year” outline available on the St Andrew website to aid you in your scripture reading.

Please answer the questions below regarding your daily scripture reading:

When will you read Holy Scripture?

--

What will you read?

--

Fasting

Do you know and are you keeping the Church standards for fasting?

--

Do you need to fast from anything particular other than that expected of every other Orthodox Christian?

--

Almsgiving and Service

Besides your tithes are there areas of service you wish to make an offering to God on a regular basis?

--

Confession

When will you make your confession?

--

How will you prepare?

--

Pledge of Treasure, Time and Talent

Information

Name (Please print)

Street Address

City/State/ZIP Code

Home Phone

Mobile Phone

Email Address

Name of spouse (if married)

Mobile phone of spouse

Email address of spouse

“Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.” Matthew 6:19-21

Time & Talent

Individual stewards should indicate areas of interest with a check (✓). Families should mark “H” for husband, “W” for wife or “C” for children.

Administration	Liturgical
___ Clerical Data Entry	___ Altar Server
___ Publications	___ Bell Ringer
___ Newsletter	___ Chanter
___ Bulletin	___ Reader
___ Graphic Design	___ Choir
___ Website	___ Adult
___ Fundraising	___ Teen
___ Food Service	___ Youth
___ Event Worker	___ Usher
___ Event Leader	___ Prospora Baker
___ Promotion	___ Chalice Wine
___ Parish Council	___ Gardles
___ Child Safety	___ Icons
	___ Flowers
Education	Ministries and Outreach
___ Adult Catechism	___ IOCC (International Min.)
___ Friday School	___ Homeless Meals
___ Teen SOYO	___ Orthodox Christians for Life
___ Sunday School	___ Prayer Chain
Building Maintenance	___ Visitation—Sick/Shut Ins
___ Plumbing	___ Visitor Welcoming
___ Electrical	___ Burial Society
___ Janitorial	___ Agape Hour
___ Painting	___ Family Night Meal
___ Exterior Repairs	___ Meals for the Sick & New Mothers
___ Roofing	___ OCMC (Missions)
Landscaping	___ Docent
___ Pruning/Weeding	___ OCF
___ Irrigation	___ Wheel Chair
___ Grounds Pickup/Cleaning	___ Bookstore
	___ VIP Agape Meal Server

Other: _____
(See Ministry brochure for brief description of ministries.)

Treasure

In gratitude for God’s blessings, I/We commit to Christ and His Church the following amount:

General Fund

\$ _____ each week *or*

\$ _____ each month

Building Fund

\$ _____ each week *or*

\$ _____ each month

Signature

Signature _____

Date _____

